



Info round up and last minute. extras

- 1) BOOK YOUR PLACE AT CAMDEN AWARDS & TRAINING!!!!!!
- 2) MEET/SET UP YOUR JUNIOR TRAVEL AMBASSADORS.
- 3) Sign up your nursery to Children's Traffic Club London.
- 4) Ask about Borough Training Sessions—new website for STARS this year, transition lessons etc
- 5) Apply For Cycle Training for your pupils & staff.
- 6) HANDS UP SURVEY by end of October—Find out how many being driven to school! Lets make a difference this year.
- 7) CHECK YOUR WEBSITE : add walk zone map and STARS logo.
- 8) TELL THE GOVERNORS How you are improving the health and well-being of your school through the travel plan.
- 9) TALK TO US AT smarter.travel@haringey.gov.uk tell us who will be

Healthy Schools and Haringey Obesity Alliance

Schools and Haringey Obesity Alliance

It's been a busy year for Healthy Schools, with many working very hard to ensure that making the healthier choice is the easier choice for their pupils and wider school communities, in line with Haringey's whole-systems approach to tackling and preventing obesity. Here are a few examples:

Holy Trinity pupils delivered a fantastic presentation at City Hall at the [Healthy Schools London celebratory event](#) in June on how their school has become healthier.

Stamford Hill were chosen as the London launch site for the new change4Life Sugar Smart app that helps parents see how much sugar there is in everyday food and drink. <http://www.stamfordhill.haringey.sch.uk/sugarsmart-launch/>.

They also discussed their Healthy Schools approach at the Haringey Obesity

Alliance "1 year on" event in June. The school has also made a film as part of the pan-London [Great weight Debate](#) <http://gethealthy.london/the-great-weight-debate/>

Earlsmead recently were on the BBC talking about what they have done in terms of healthy eating and increasing physical activity on the day that the national child obesity strategy was launched

Crowlands have been selected as a pilot site for the Healthy Communities project, exploring options around healthy tuck shops.

Thanks for everyone's hard work – to find out how your school can get involved in the Healthy Schools programme or the Haringey Obesity Alliance – please contact Debbie Arrigon, Public Health Commissioner debbie.arrigon@haringey.gov.uk

Haringey Healthy School Awards

37 - Bronze 15 - Silver
5 - Gold



Smarter Travel News Sept 2016

Bumper year for School Travel Plans

64 accredited schools and nurseries

20 Gold * 14 Silver * 30 Bronze

Did you complete your plan this year? Come along and collect your award! Find out what's new and plan your initiatives!

TfL STARS Awards

- 17 October - Secondary all regional seminar: Camden Town Hall
- 18 October - Primary north regional seminar: Camden Town Hall
- 19 October - Secondary all regional seminar: Camden Town Hall
- 20 October - Primary Gold all regional seminar: Camden Town Hall
- 7 November – Top Schools All regions: City Hall

Link will be sent by email to your travel plan coordinator! Email me with new details wendy.thorogood@haringey.gov.uk



The higher achieving schools are a mix of LA primary and secondary, independent schools and children centres .

HANDS UP SURVEYS ARE A MUST FOR ANY SUCCESS.

Each school has a unique approach, however the main link is that the Gold schools use the JTA and YTA schemes to increase their pupil involvements.

Do you want your school to achieve greater results? Contact us to set up Junior Travel Ambassador Scheme.



Secondary schools have the Youth Travel Ambassador scheme on offer:

The Vale Secondary School based @ Northumberland Park

YTA team won Road Safety Award for their short film. The Travelators This helps to show vulnerable young people how to keep safe and not put themselves in danger on public transport. Search for Travelators, The Vale on You Tube to see their award winning film.



Volume 1, Issue 1

September 2016

Special points of interest:

- Accreditation Award ceremonies
- October Bear's Big Adventure

Inside this issue:

Harry Bear's Big Adventure	2
School walk zones	2
Air Quality	2
No parking Cones and signs	3
Cycling Success	4
Moving Up to Secondary School	5
Round up and public health	6

Hari Bear's Big Adventure



Sign up & join us for the International Walk to School Month : Harry Bear's Big Adventure

With or without a travel plan you can enjoy a short walk with your infants to meet another school in the borough. Lots of photo opportunities, highlighting the Haringey Year of Walking, walking for health and fitness and making friends in another school. Plus add important initiative evidence to your travel plan.

Hari Bear loves an adventure, help us to collect as many pledges and messages and pictures as possible from our infant classes. Also to see how many miles we can walk in October 2016—International Walk to School Month. Everyone taking part should sign the book and we will add up the miles and announce the total.

You will receive a separate letter in post by email with all details.

New Bears available and resources arriving to support your walk to school campaigns

Call me asap to replace your bear and find out more?

Contact 020 8489 5351



Walking Zones for Schools

Anyone fed up with children late for school due to the traffic problems, what about increased pollution, anti social parking on zig zags endangering children?

Check out the 5 & 10 minute walking zone maps on the website <http://www.haringey.gov.uk/parking-roads-and-travel/travel/school-journeys>

The 5/10 minute walking zone is created by your pupils, the whole school approach is the most successful. Assemblies and emphasis on improved health and safety aspects are the best way forward.

The scheme includes lessons, assemblies, mapping, promotion and changes to your website and induction process.



Air Quality Lessons



We have a new Quality Apprentice working for us in the borough. New London Mayor Sadiq Khan has expressed his concerns over the 10,000 deaths in London related to air pollution and the pollution affecting our schools. How many of your pupils have Asthma? How much pollution is around your school site?

We deliver lessons and assemblies children to inform them about their part in addressing this very real problem. Last year Holy Trinity wrote to the Mayor of London to express their concerns. We delivered a tri borough project raising awareness of this problem, creating walking zones and an information film with Stroud Green Pupils.

You can also use our Air Monsters film by The Mulberry School—look at www.haringey.gov.uk/smartertravel

Zig Zag parking - Signs and Cones

Last year we were able to supply some of our schools with no parking signs and cones.

We advise all schools to :

- A) Use sand or water to add ballast to the yellow signs to stop them blowing over
- B) Remind parents not to park near school
- C) Put cones out for arrival and then again for pick up at end of day. Do not leave them out all day.
- D) We advise they should be on the pavement next to the zig zags.

This works as a deterrent, but needs to be reinforced with messages in newsletters and in the induction packs for new families coming to school. Call us if you want these.

We will be offering banners to attach to your perimeter fence this term too.

Take pictures and upload your evidence to STARS add your newsletters too.

Your Junior Travel Ambassadors can help with this too, running competitions and presenting assemblies to highlight why parents should consider parking further away.

Less cars at school improves your air quality and safety for all.

Look out for our new traffic camera visiting a school near you soon.



Zig zag parking

All things Cycling



Cycle Skills training is FREE For Staff, pupils, parents, carers, Everyone!

Your colleagues teaching/admin/support could all benefit. Why not ask them if they want to de-stress for a couple of evenings on a bike. Book a cycle skills session with Cycling Instructor.

Your pupils from 9 yrs and up can take a full Bike Ability course too, to keep them safe, maybe inspire them to greater things. You could be encouraging the next Jason Kenny or Laura Trott! Call : 0845 652 0421 infor@cyclinginstructor.com www.cyclinginstructor.com



Cycle grants for schools—5 schools were successful in receiving a grant. If you received it last year, how have you spent it, do you need help?

Cycle Parking, if you need additional, new or replacement parking contact us as soon as possible : it is free.

Cycle to Work Scheme contact smarter.travel@haringey.gov.uk for the details

Small Grants ££

Small Grants ££

So you have a great idea to encourage your school to make a difference with: Cycling, Reducing Driving to school - Improving air quality Increase Walking / Scooting to school / Road Safety Education Improve attendance (by setting up a walking bus scheme for example?)

Then plan it and apply to us for some funding to help achieve results !

We will be offering grants up to £2000 to help, but only for schools with a current travel plan. Applications arriving mid September.

Free Cycle Training

Small Grants ££



October 2016 Int Walk to School Month

Walking Zones

Air Quality