



Participation People



April 2022

Good afternoon

We are looking for interested young people to help us with an exciting new project - NHS Start Well **Young Mentors!**

Young Mentors are aged 14 to 21 and live in the North Central London areas of Barnet, Camden, Enfield, Haringey and Islington.

Young Mentors will help senior decision makers evaluate and improve health services in their local area as part of the NHS Start Well programme.

Their role will last for 10 months, they will get AQA accredited training and will be supported to work as part of a team of young people from North Central London.

The Young Mentors will:

- work with senior decision makers from the NHS Start Well programme to make their health programmes the best they can be
- help solve BIG business challenges
- make a difference for other young people in their area

As a team, they will work together to ask the tough questions, problem solve and build their leadership, communication and team work skills.

We would be really grateful if you could share this **exciting opportunity** with young people who would benefit from this incredible opportunity. We're particularly interested in reaching young people who have lived experiences of healthcare, this could be visiting their doctor, going to a pharmacy or accessing mental health services.

Included with this letter is the Young Mentors pack including role description and poster.

Partners involved in this project are:

NHS North Central London Clinical Commissioning Group is responsible for the Start Well programme. It is committed to ensuring it commissions sustainable, high quality, safe, effective and efficient healthcare services with a focus on improving patient experience on behalf of local residents.

Participation People are a specialist youth engagement organisation who empower young people to inform and influence decision-making. We are partners of the NHS Start Well programme and are supporting engagement with young people.

- **Deadline for young people to apply** **midnight 25th May 2022**
- **Expression of interest: Text "I'm a North Central Young Mentor + name + age + postcode" to: 07921 907210**
- **For more information please email** antonia@participationpeople.com
- **Application form with more information for young people** [here](#)

Thank you for your support.

Yours sincerely,

Hannah Wiseman
Programme Manager Specialist and Targeted
Participation People