

Women and Girls Sessions

**Mondays from July 1st
4-5.45pm**

**At Broadwater Farm Community Centre
Adams Road N17 6HE**

Just turn up and take part

- **Football**
- **Boxing**
- **Badminton**
- **Table Tennis**
- **Yoga**
- **Self Defence**



**For more information contact:
get.active@haringey.gov.uk or 07971113463**

**£1 per
session**

**Something for
all ages**

