

# School Health Service Delivery Plan

**1<sup>st</sup> September 2019 – 31<sup>st</sup> July 2020**

**[Name] Secondary School**

## **1. Definition**

- 1.1. Whittington Health NHS Trust is commissioned by Haringey Public Health, to deliver a prevention and early intervention School Health Service to young people in mainstream schools.

## **2. Purpose of this document**

- 2.1. To clearly define the school health provision which will be delivered to children in mainstream secondary schools.
- 2.2. To outline the operational arrangements, and schools' responsibilities in enabling the School Health Service to operate in an efficient and effective way.

## **3. Contact with the School Health Service**

- 3.1. The School Health Service can be contacted via a single point of access, for referrals and queries:

Email: [whh-tr.haringeyschoolnursing@nhs.net](mailto:whh-tr.haringeyschoolnursing@nhs.net)

- 3.2. The named school nurse will meet each school in their network at the beginning of the school year and use the completed school health profile to understand the school's health needs, priorities and to discuss the provision for the year ahead. The meeting will shape the service delivery plan for the school and include a discussion of key information, the approach of the service, information about team members, referral pathway and communication processes. The service delivery plan agreed with each school will include but will not be limited to the following:

- Frequency of visits by the school health team.
- Distribution and collection of health questionnaires.
- Priority actions for supporting health promotion or health improvement within the school.

## **4. The aim of the School Health Service**

- 4.1. The aim of the School Health Service is to improve the health and wellbeing outcomes for children and young people to enable them to reach their full potential. The service is delivered in schools by the Haringey school health team, who provide a key link between health, education and wider children's and young people's services, providing guidance and support on a range of health-related issues. The school health team will comprise of appropriate members of the School Health Service (as determined by needs assessment) working with and supporting educational colleagues, in individual schools.

4.2. School nurses lead the [5-19 Healthy Child Programme](#), and will use this government public health programme to provide the following services:

- a) Undertake an annual school health profile to understand the specific needs of each individual school.
- b) Health promotion on key public health issues. Haringey's overarching key public health priorities include:
  - Obesity
  - Emotional health and wellbeing
  - Oral health
  - Sexual health
  - Smoking cessation
  - Drugs and alcohol
- c) Health assessments and reviews for young people with long term conditions (e.g. diabetes, asthma, epilepsy), or subject to a child protection plan.
- d) In addition to health assessments and reviews, school nurses will facilitate and support care plans (written by the GP, Consultant or Community Nurse Specialist), and liaise with the school and parent(s)/carer(s).
- e) Work in partnership with other professionals in line with interagency working to safeguard children to ensure that young people are referred to the relevant service.
- f) Deliver a Safe Talk nursing service to provide a sexual health service for young people.
- g) Provide up to date health information, advice and training to schools to support them in managing young people's long-term conditions on a day to day basis.
- h) Provide information and advice to young people and families with health concerns, including signposting to appropriate services.

4.3. The School Health Service is underpinned by six high impact areas, which will be used to enable the delivery of the service responsibilities as outlined in section 4.2:

- Resilience and wellbeing
- Keeping safe
- Healthy lifestyles
- Learning and achieving
- Supporting complex and additional health needs
- Transition

## 5. Schools' responsibilities

5.1. To enable the smooth running of the School Health Service, schools are required to:

- a) Complete the annual school health profile to enable the service to prioritise and plan the health interventions for the school.



School Health Profile  
(secondary).docx

- b) Provide an appropriate dedicated physical space to carry out the functions of the service as outlined in section 4.2.
- c) Secure areas for the storage of any equipment (e.g. weighing scales, health promotion resources), and ensure that the equipment cannot be inappropriately accessed.
- d) Support the School Health Service on relevant communication to young people and families, including the distribution and collection of consent forms.

## 6. Governance

6.1. The School Health Service will adhere to all NHS standards of information governance as set out in NHS England 2016 Information Sharing Policy, Data Protection Act 1998 Principles and Caldicott Principles.

6.2. Schools are advised that all members of the School Health Service are subject to an enhanced Disclosure and Barring (DBS) check, in line with Public Sector regulations for staff working with children and young people. They will wear their NHS ID badge at all times, and therefore should not be required to evidence their DBS check every time they visit the school.

6.3. Schools should ensure that all incidents of data loss or break of confidentiality concerning the delivery of the service should be logged appropriately and notified to the school nurse and service manager.

6.4. Schools should ensure that there are appropriate business continuity and disaster recovery procedures in place to ensure the continuation of services in the event of unexpected disruption.

## 7. Signatures

For and on behalf of **Whittington Health NHS Trust:**

Name:  
Position:  
Date:  
Signature:

For and on behalf of **[name of school] Secondary School:**

Name:  
Position:  
Date:  
Signature: