



**Do you want stronger
and safer futures for
young people?**

**Solace Early Intervention
and Prevention projects**
are building a collective of young people
to speak out against violence in their
communities through awareness-raising group
programmes and advocacy support

solace for young people

solacewomensaid.org

What do we offer?

Healthy Relationship Programmes for Schools

(see separate leaflet for details)

- 12 week VAWG awareness programme for Primary and Secondary schools which meet latest Relationship and Sex Education governmental guidance.
- Parents' workshops and assemblies.
- Staff training sessions on the impact of DVA and how to identify signs.
- Young Change Makers programme for groups of interested Young People.
- Individual advocacy support at schools to young people who are impacted by any type of VAWG.
- 1:1 School based therapeutic support.
- Resilience building programme - Experts by Experience.

Advocacy - tailored 1-2-1 support

We welcome referrals for young women and girls who:

- Are aged 11 – 21, or up to 25 if they have a disability.
- Young people can self refer or need to consent to a referral being made.

One-to-one support works to primarily **reduce risks, safety plan, develop young people's self-esteem and assist them in their journey to recovery, through conducting risk and needs assessments and developing support plans.** Our work will typically vary from between 4 – 10 weeks depending on the level of risk presented and complexity of each situation.

We work in a **trauma informed** way which focuses on the **young person's strengths** and seeks to **empower** them and build on their existing resources.

We aim to respond to referrals within 48 hours.

Young Women's Multiple Disadvantage Advocate

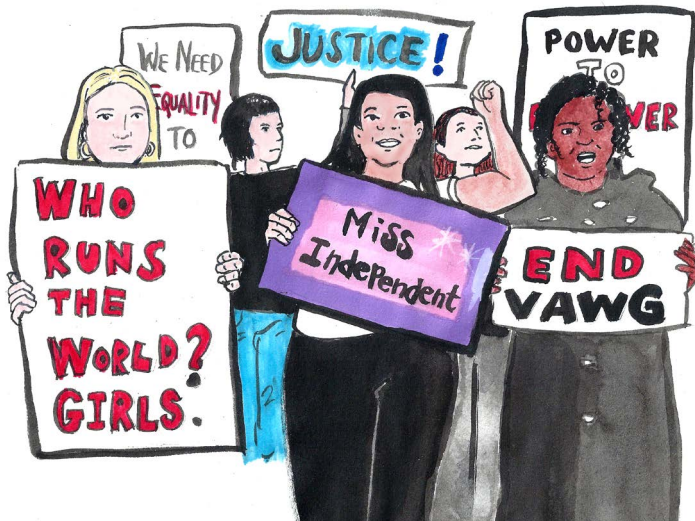
- Pan London Service providing support for minoritised Young Women and Girls who have experienced any type of VAWG and developed multiple disadvantage (including but not limited to mental health, sexual and reproductive health and well being, social functioning, life skills, housing and immigration).
- Supports young women, aged 14-24 yrs, living in London.
- Provides advocacy by conducting risk and needs assessment, while devising a tailored support plan to meet the needs of the young person and signpost where appropriate.

Children and Young Person Counsellor

- Providing emotional support for young people, aged 14-24 yrs, who experienced domestic violence directly or indirectly.
- Providing a safe space where they can speak freely and confidentially to process feelings and their experiences, work through fears and hopefully gain some perspective of what healthy relationships look like.

Young Women's Community Engagement Worker

- Providing assertive outreach to meet the needs of vulnerable and high risks minoritised Young Women, aged 14-24 yrs, exposed to high levels of violence in Southwark, Lewisham, Lambeth, Greenwich, Sutton, Enfield and Bexley.
- To deliver a Resilience programme and develop a Young Women's Experts by Experience advisory group to co-create and co-deliver our work.



Get in touch

- For advocacy and therapeutic support please fill in the referral form and return to cypservice@solacewomensaid.org
- For more information, or to request the Healthy Relationships programme in your school, college or community group, contact



Sara Harper: 07484010014



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solacewomensaid.org

Need help now? Call 0808 802 5565

Solace Women's Aid is a charity registered in England & Wales.
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