

Services for Young People: Sample Group Session Ideas – Youth Settings

These ideas can be used in class or online with some adaptation.

Resources needed:

Face to face: We're Open Campaign materials and the link to the web pages www.haringey.gov.uk/sexualhealth, A4 paper, pens and other art materials.

On-line: The above. YP will need access to 'Word' or 'Paint' or a desktop publishing App, or a way of photographing their hand made image.



Warm up activity: Myth busting quiz.

Sexual health advice can include information about contraception, testing and treatment for sexually transmitted infections and concerns about relationships. True or False?	True: Providers of sexual health advice are trained to answer any of your questions about these issues- no question is too embarrassing!
There is only one place in Haringey where you can get sexual health advice. True or False?	False: In Haringey there are 2 young people's clinics, 30 'healthy living' pharmacies, a specialist school nurse and don't forget your GP- all provide FREE sexual health advice.
You have to be over 16 to get sexual health advice. True or False?	False: You can get free, confidential advice and treatment, even if you're under 16.
You do not need to talk your parents before you get sexual health advice. True or False?	True: All providers will encourage you to talk to your parents or carers about your health and relationships, but it's your choice and your consultation will be confidential. If however the provider is worried about your safety or that of another person they may need to get advice and share information, but they would not break confidentiality without telling your first.



Researching Local services - Working in pairs/small groups

- Have a look at the 'We're Open Campaign'- materials (business cards or email link)- have you seen this campaign on social media e.g. Snap Chat or Instagram?
- Can you name 2 places where you could get advice about young people's sexual health in Haringey?
- Where else could young people go to get information? Are some sources of information more reliable than others?
- What would **stop** young people from going to services?
- What would make it **easier** for young people to go to services?
- What **would you say** to a young person to encourage them to get help if they needed it?



Design a social media campaign: Individually or in pairs

Thinking about the previous discussion, what do you think of the 'We're Open' Campaign? What do you think about the messages and image?

How would you encourage young people to get help or advice? Can you design a social media campaign to promote your local services? (choose the appropriate level of activity).

ACTIVITY: Design an image or poster promoting a service. Think about how to grab people's attention. What information needs to be included in the poster? What does the image represent? What words have you chosen (max 20)



Reflection and wrap up

Present your ideas to the class. Discuss some of the questions.



Homework- to complete the image/poster.

Optional: Images can be submitted to the competition- see information on poster



Competition

Design an image/poster for a social media campaign to promote your local young people's sexual health services.

**WIN
£100 VOUCHERS
£500 FOR
SCHOOL/COLLEGE**

**WINNING IMAGE TO
BE USED IN A REAL
CAMPAIGN ON
'SNAP CHAT' etc..**

**DEADLINE
30th June 2021**

The Rules:

- The winning image/s will be adapted and used as part of Haringey Council's Digital Communications Campaign targeted at young people.
- Any type of image accepted e.g., drawing, painting, computer graphics or photos HOWEVER images must NOT include real people's faces or any branding.
- No more than 20 words to accompany the image- see example below.
- The image must be no bigger than A4, but no smaller than A5
- Entries must be sent via email as an attachment to HealthySchools@Haringey.gov.uk by 5pm 30th June 2021.
- Participants must be 18 or under.

Example of current campaign image

