

July Taster Sessions

*We are hosting a number of introductory sessions for you to try.
Booking is required.*

1. Introduction to Tapestry

Thursday 14th July 2022 - 2pm - 4pm

Tapestry is a very simple and relaxing craft. It comprises of one type of stitch that is repeated and from this you can create anything from hanging decorations to cushions to photographic images from your very own photos.



2. Introduction to Making Music

Thursday 21st July 2022 - 2pm - 4pm

This session invites you explore varied ways of making music. You will have the opportunity to create music using electrical equipment as well as traditional instruments such as Guitar, Piano, Ukulele.



3. Thursday Crafternoon

Thursday 28th July 2022 - 2pm - 4pm

This craft session will focus on upcycling old magazines into wall art.



4. Art for Wellbeing

Saturday 30th July 2022 - 2pm - 3.30pm

Join us in creating art using a range of material. This session will have a focus on creating art that has a focus on nature and the environment.



If you are an autistic adult and would like to book any of these sessions, or would like more information, please email us at: autismhub@haringey.gov.uk