

September 2022

## TfL STARS – Help improve air quality and reduce congestion in your communities



A huge congratulations to nearly 60 schools who took part in [TfL STARS](#) in the last academic year, encouraging pupils, parents and staff to swap car school runs for active travel journeys.

Across London, the average school journey is less than one kilometre. That takes about 10 minutes to walk, and even less to scoot, cycle or wheel. But each day, many of these short journeys are taken by car, causing pollution and congestion. Roads around schools are often clogged at drop off and pick up times, creating extra stress for staff managing the school gates. ([Stars Car Free Day Ideas can be found here](#))

Whether you're taking part in STARS for the first time or already involved in the scheme, Wendy in the Haringey Smarter Travel team can support your STARS journey. To find out more, contact [wendy.thorogood@haringey.gov.uk](mailto:wendy.thorogood@haringey.gov.uk).

## Recruit your Junior Travel Ambassadors (JTAs)

The Junior Travel Ambassador scheme helps year 5 and 6 pupils in their journeys towards independent travel, developing skills and understanding of how to travel safely, plan journeys and use TfL's journey planner.

Pupils who sign up as a JTA gain confidence with presenting and learn how to run activities – which then promote safe, active travel to their classmates as they prepare for the transition to secondary school.



TfL provides all the resources and guidance needed to set up and run your school's own JTA team – which all count towards STARS.

The Haringey Smarter Travel team are here to help your school recruit and support JTAs – contact Halema at [Halema.Uddin@haringey.gov.uk](mailto:Halema.Uddin@haringey.gov.uk) to find out more.

## Hire/buy a bike in Haringey for £30 a month!



We've partnered with charity [Peddle My Wheels](#) to offer anyone working, living or studying in Haringey the chance rent a bike and start cycling! The scheme offers cycles for adults and children, as well as e-bikes and cargo bikes. With prices starting from £30 a month, you can try out cycling for up to 6 months. And if you want to buy your new bike the monthly payments you've made will be taken off the final cost!

## Learn to ride or improve your cycling skills

Haringey continues to offer free cycle lessons to schools, as well as people who live, work or study in the borough. You can learn or your own, or in groups or as a family. To organise your free sessions, visit the [Cycle Confident website](#) or call 020 3031 6730



## [Streets for People : -Low Traffic Neighbourhoods](#)

These will affect many people. It is only right that we do as much as we can to protect our residents. Swapping car journeys to active travel across our borough makes sense. Poor air quality is linked to asthma, cancers, and other debilitating conditions.



## Car free day is

**Thursday 22 September 2022**

## How are you promoting this?

Car Free Day is on Thursday 22<sup>nd</sup> September – it's a great chance to encourage the whole school community to try walking, cycling, scooting or wheeling to school. If you're taking part, you can tag us social media: [@haringeycouncil](#) and we'll share your success across Haringey.

If your school doesn't have a STARS School Champion, but you'd like to get involved, contact [wendy.thorogood@haringey.gov.uk](mailto:wendy.thorogood@haringey.gov.uk) for more information.

**N.b Asthma Week As highlighted by Public Health 19 – 23rd Sept is Week 38 – the week where nationally there is a rise in asthma attacks following the return to school after the summer holidays.**

“Air Pollution is linked to Asthma”



## New School Year – Let's do This Together!

- TfL will finish Quality Assurance of Stars by end of Sept 22.
- Accreditations for 21-22 final results will be announced by TfL
- December 22 – borough officers receive your certificates and STAR Awards from TfL

This school year we want to regain our high accreditation status, so the first step is asking every school to complete the [hands up survey](#). When we know the way people travel, we can use this to create and organise active travel activities to suit your school's needs.

TfL STARS [TfL STARS - Getting young London moving](#) is for **all** schools, there are many interesting (free) activities that you can run. This complements your curriculum and encourages your pupils to become independent and safer travellers. Invite us to visit you, to support your accreditation for this year.

The following schools will need to re-apply for gold this year. Gold/silver Expiring August

Brook House Primary School  
Holy Trinity CofE Primary School  
North Haringay Primary School  
Rainbow Hill House  
Seven Sisters Primary School 2023  
Simmons House Adolescent Unit  
St Mary's CofE Primary School  
Stroud Green Primary School  
The Avenue Pre-Preparatory & Nursery  
The Devonshire Hill Nursery & Primary School  
The Willow Primary School

**TfL Stars is a great start to improving the health and safety of your school!**

These schools are Bronze But could easily get to silver or even Gold  
Earlham Primary School  
Eden Primary  
Islamic Shakhsiyah Foundation  
Lancasterian Primary School  
Lee Valley Primary School  
Our Lady of Muswell Catholic  
Rhodes Avenue  
St Mary's Priory RC South Haringay School  
St Martin of Porres  
Trinity Primary Academy

We can help you deliver active travel/road safety projects, some of these relevant activities are probably already being delivered by your colleagues.

## TfL's Virtual Air Quality Challenge for Secondaries 6th October!

**London Transport Museum has launched a free Air Quality Challenge open to all Secondary School students.**

This is a fantastic opportunity for schools to take part in a student-led activity that builds on team working skills, whilst also contributing to their STARS Accreditation. As part of the challenge, KS3, 4 & 5 students are invited to pitch solutions to the urban air quality crisis and present these to a panel of Industry Experts.

Please email [LTMschools@ltmuseum.co.uk](mailto:LTMschools@ltmuseum.co.uk) to receive resources.

The deadline to sign up is **Friday 16 September 2022**.

[Click here to access free tickets for this event](#)

[Virtual Air Quality Challenge](#)

We are here to help you all, just contact us to arrange an in person or Virtual meeting  
[smarter.travel@haringey.gov.uk](mailto:smarter.travel@haringey.gov.uk)